



Scouting@Home Weekly Challenge



Week 10 Challenges



PERSONAL GROWTH

Shark Tank: Scouts Edition

Based on the popular television show Shark Tank, this activity will challenge you to channel your inner entrepreneur by creating and delivering an elevator pitch on your favourite 'thing'!



OUTDOORS

Plastic Stock Take

Mark World Oceans Day (8 June) by keeping a plastic diary to see how much plastic you use in your everyday life.



COMMUNITY

Share Our Pride

Use Reconciliation Australia's Share Our Pride website to learn more about Australia's First Nations Peoples, the Aboriginal and Torres Strait Islander peoples.



CREATIVE

Logo Master

Use your creativity and imagination to bring your own Google logo design to life!



WELLNESS

Calm Down Yoga

Calm your mind after a long week by following this simple yoga routine.



Shark Tank: Scouts Edition

Challenge Area	 PERSONAL GROWTH
Ages	Cubs, Scouts, Venturers
Number of People Required	One

Have you ever thought about running your own business? Do you have a talent you think would be a helpful service for others? If so, you might be interested in practising some pretty useful entrepreneurial skills. Based on the popular television show Shark Tank, this activity will challenge you to channel your inner entrepreneur by creating and delivering an elevator pitch on your favourite 'thing'!

If you haven't seen or heard about Shark Tank, it is a show where hopeful business owners present their ideas to the 'sharks' (business investors) to gain money to help their business grow. Here are some [videos](#) to give you an idea of how it works.

Instructions

1. Find an interesting item in your room or from around your house. It could be a prized possession, something you use in Scouts, or another item you find uniquely interesting.
2. Brainstorm the characteristics of the item – what is it used for, what are some of its cool or interesting features, what value do you get out of owning it, and how does it improve your life?
3. Spend some time creating an elevator pitch about the item. An elevator pitch is a brief, persuasive speech that you use to spark interest in a particular subject, such as an organisation, a project, an idea, an item, even yourself! You can use this [template](#) to help you plan and prepare.
4. At your next Section meeting (via Virtual Scout Hall or another tool), present your 30 second to one-minute elevator pitch on this product. Walk your audience through the item and talk about why it's so awesome and why people should buy it.
5. Everyone should have a turn!

Reflection

This task was designed to help you refine your persuasion, critical thinking and public speaking skills! How did you perform in the shark tank?



Plastic Stock Take

Challenge Area	 OUTDOORS
Ages	All
Number of People Required	One

World Oceans Day takes place on 8 June, and is a day when people all around the world celebrate our oceans and draw attention to ways we can protect them and the marine life that live there. One of the biggest threats to our ocean ecosystems is the use of items like single-use straws and plastic bottles that we simply could do without. Every year, 8 million metric tons of plastic enters the ocean. This is equivalent to a garbage truck full of plastic being dumped into the ocean every minute! This World Oceans Day, we're challenging you to keep a plastic diary to see how much plastic you use in your everyday life.

Instructions

1. Think about all the items you use in your day-to-day life that have plastics in them, such as plastic lunchboxes, food wrappers, toys or water bottles. Some everyday items you wouldn't think have plastic in actually do, such as some teabags, clothing, and metal drink cans.
2. Have a look around your house and see if you can identify different plastics. Write down and take photos so you can share what you found at you your next Section meeting.
3. Create a plastic diary and record what plastic you use over a 24-hour period. Break your day up into time periods (like breakfast to morning tea, morning tea to lunch, and so on) and list every item you use that has an element of plastic in it. If you use one item more than once in a day, like your shoes or a plastic bottle, you can count it twice. Take photos of the plastic you use as you go, and include them in the time segments.
4. At the end of the 24 hours, tally up how many times you've used plastic throughout your day. Think about what you do with any plastic you throw away. Do you recycle it? Also think about hidden plastics, like those found in clothes. If you're at home, you could look at how much plastic your household uses as a whole.
5. At your next Section meeting, have a look at your plastic diary and discuss what you found with the rest of the group.

Reflection

Plastic is widely used in our everyday lives. While it is convenient, it does a lot of damage to the environment, especially when it ends up in our drains and into the ocean. Were you surprised by how much plastic you use in your everyday life? Was there anything that you didn't know was made of plastic? Are there ways you could reuse, reduce or replace the plastics you use?



Share Our Pride

Challenge Area	 COMMUNITY
Ages	Cubs, Scouts and Venturers
Number of People Required	One

Last week, we marked National Reconciliation Week, a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

This activity encourages you to learn more about Australia's First Nations Peoples, the Aboriginal and Torres Strait Islander peoples, as the Traditional Custodians of this land.

Instructions

1. Visit the [Share Our Pride](#) website. This website will give you a glimpse of how life looks from an Aboriginal and Torres Strait Islander perspective, and will answer some questions including – Who are the First Australians? What special connection do they have to the land? And what can we do to build positive and effective partnerships between Aboriginal and Torres Strait Islander peoples and the broader Australian community?
2. Read along and learn about our First Australians, our traditional cultures and our shared history.
3. Write down the interesting facts you've learnt.
4. Share them with your family, friends and Group next time you have a meeting.

Reflection

This activity encouraged you to learn more about our Aboriginal and Torres Strait Islander peoples, their traditional cultures and shared history. What are some ways you can continue your learning?



Logo Master

Challenge Area	 CREATIVE
Ages	All
Number of People Required	One

Over time, Google Doodles have evolved from simple logo tweaks to full-blown illustrations, animations and beyond. From designs to celebrate the Olympics to classic games like PacMan and Lego, the Google Doodles are always interesting to see! Now's your turn to create your own Google logo design!

Instructions

1. Research some cool Google Doodles from over the years. [Here](#) are a few great examples.
2. Come up with a theme for your Google Doodle. It could be Scouting, your favourite sport, a game you like to play, your favourite movie or something completely different.
3. Plan your design using a pencil and paper. How will you creatively display each of the Google letters?
4. Use your creativity and imagination to bring your own Google logo design to life!

Reflection

This activity challenged you to re-think your understanding of logos, and encouraged you to channel your inner artist to create your own! Who knows, maybe we'll see your Google Doodle up on the Internet someday!



Calm Down Yoga

Challenge Area	 WELLNESS
Ages	All
Number of People Required	One

Have you had a long week? Doing a spot of yoga can be a great way to relax and take your mind off any worries.

Instructions

1. View the Calm Down Yoga poster [here](#).
2. Follow each of the steps below to do each of the poses.
3. **I am strong.** Pretend to be a surfer. From standing position, step one foot back, placing the foot so that it is facing slightly outwards. Take your arms up in parallel to the ground, bend your front knee, and look forward. Pretend to be a surfer and use your strength to catch tricky waves.
4. **I am kind.** Pretend to be a tree. To do the tree pose, stand on one leg, bend your knee, place the sole of your foot on the opposite inner thigh, and balance. Sway like a tree. Think of trees being kind by offering shade, creating oxygen, and providing homes to animals.
5. **I am brave.** Pretend to be a skier. Stand tall with your feet hip-width apart, bend your knees, and keep a straight spine. Hold your hands out in front of you, pretending to grasp ski poles as you fly down a ski run like a brave and fearless skier.
6. **I am friendly.** Pretend to be a dog. Bend down and place your palms flat on the ground. Step your feet back to create an upside-down V shape with your buttocks high in the air. Straighten your legs, relax your head and neck, and look down between your legs. Think of being an eager and friendly dog.
7. **I am wise.** Pretend to be an owl. Drop your knees to the ground and come down to rest upright on your heels. Then pretend to be a wise owl perched on a tree. Twist your upper body one way and then the other.

Reflection

This activity helps you move your body, while taking your mind off any worries or stresses. What are other things you can do to calm down and relax after a long week?

Calm Down Yoga



I am strong.



I am kind.



I am brave.



I am friendly.



I am wise.

