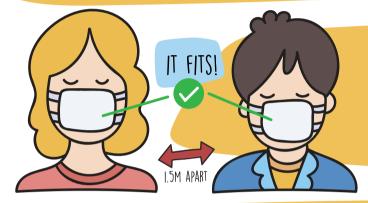
## HOW TO WEAR A FACE MASK

THERE ARE TWO TYPES OF FACE MASKS YOU CAN USE: CLOTH MASKS AND SURGICAL MASKS. CLOTH MASKS ARE MADE OF WASHABLE FABRIC AND CAN BE RE-USED.

WASH YOUR HANDS BEFORE PUTTING ON THE MASK.



Scouts



MAKE SURE IT COVERS YOUR NOSE AND MOUTH AND FITS SNUGLY AROUND YOUR CHIN, NOSE AND AGAINST THE SIDES OF YOUR FACE.

DO NOT TOUCH THE FRONT OF THE MASK WHILE WEARING IT. DO NOT ALLOW THE MASK TO HANG AROUND YOUR NECK OR ON YOUR FOREHEAD.

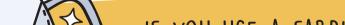




CAREFULLY REMOVE YOUR MASK BY GRASPING THE EAR LOOPS OR UNTYING THE TIES.

WASH OR SANITISE YOUR HANDS AFTER REMOVING THE MASK.







IF YOU USE A FABRIC MASK, WASH IT DAILY. IF YOUR MASK HAS FILTERS, DISPOSE OF THE FILTERS APPROPRIATELY AND REPLACE THEM.

## WHAT YOU NEED TO KEEP DOING:



WASH YOUR HANDS



STAY AT HOME IF YOU FEEL UNWELL

