

34. THAT'S KNOT ART!

Type of Challenge:

This challenge can be completed either individually or as a Patrol.



Resources Required:

- Rope or string
- Twigs and branches (Optional based on your design)
- [Macrame Metal Ring](#) (Optional based on your design)
- Camera

Challenge Description:

A mandala is a spiritual and ritual symbol that is seen as a visual representation of the universe or as a guide for several practices that take place in many Asian traditions, including meditation. The [mandala](#) has been used and adapted in various cultures over the centuries. You are challenged to create a mandala out of rope or string and a range of different knots. The mandala of knots can be created as an 'endless knot'. You may use twigs, branches or macrame metal rings to help you create your mandala hanging. The mandala could be circular, rectangular or any other shape you choose. For assistance with knot tying, check out: [Animated Knots](#)

Check out artist Wendy Chien for inspiration: [The Year of Knots](#)

Further inspiration, looking at Macrame: [Macrame Tutorial](#)

Evidence Submission:

To complete this challenge, you need to submit a photo of your knot mandala, preferably outdoors somewhere, e.g. hanging in a tree.

